**Exploring the Impact of Antipsychotic Treatment on Anomalous Self-Experience**
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Anomalous Self-Experiences (ASE) are disturbances of the pre-reflective self, often found in people with schizophrenia spectrum disorders (SSD). ASE refers to the experiences that arise of a self-enforcing process hyperreflexivity and diminished self-affection, leading to a disturbed 'grip on the world'(1). ASE have severe impact on well-being(2-6) and persist despite antipsychotic treatment.

This phenomenological research combines bottum-up generated information with a theory-driven analysis, in order to explore if and how ASE change during the use of antipsychotics. To study this subjective change of ASE during antipsychotic treatment, we first explored how 14 people with SSD describe ASE in the context of psychosis, then how these experiences changed after the start of antipsychotic treatment.

Our results show that the starting point of effect of antipsychotics on ASE seems the blockage of hyperreflexivity. Persisting ASE during antipsychotic treatment have a different expression as during psychosis, but do result from the same ipseity-disturbance process. Transitions of ASE from psychosis to antipsychotics seem to be characterized by a dynamic of 'too much, too little', like a pendulum that swung too far. We hypothesize that enduring ASE can be understood as not reaching the 'sweet spot' and discuss implications for treatment and research.

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