Title: Naturalizing phenomenology: Implications for translational research in mental health**.**

Abstract:

In recent years, there has been a renewed interest in phenomenology as a means of integrating subjective experience with neurobiological accounts of mental illness. A phenomenologically informed framework – phrased as 'naturalizing phenomenology' (Gallagher & Zahavi, 2008, pp. 28 – 30) [1] - is claimed to better address subjectivity while maintaining scientific rigor, fostering a more holistic and patient-centered approach to mental healthcare.

Phenomenological insights have enhanced understanding of complex experiences like delusions and hallucinations, challenging reductionist and purely quantitative models. These approaches provide improvements in prediction, diagnosis, and treatment, while also encouraging research that prioritizes patient perspectives.[2] Despite these advances, the integration of phenomenological knowledge into applied clinical research remains limited.

In this presentation an overview of modern accounts to phenomenological psychopathology, as a foundational science of psychiatry, will be provided. Questions regarding the applicability of contemporary phenomenology to strengthen evidence-based practice will be discussed.

References:

[1] Gallagher S, & Zahavi D (2008). *The Phenomenological Mind, an introduction to philosophy of mind and cognitive science.* Routledge.

[2] Ritunnano R, Papola D, Broome MR, Nelson B (2023). *Phenomenology as a resource for translational research in mental health: methodological trends, challenges and new directions.* Epidemiology and Psychiatric Sciences 32, e5, 1-7. https://doi.org/10.1017/S2045796022000762.