**Searching a way with mental troubles: narrative, uncertainty, and moral agency in a context of plurality**

This paper is based on one year of ethnographic research with people struggling with mental troubles in Ouagadougou, Burkina Faso, a context marked by a pluralist therapeutic landscape in which psychiatry occupies a marginal position. My research began at a psychiatric ward and followed people as they moved back home, and onwards to other interpretations and remedies for mental distress. In this paper, I trace how my interlocutors' narratives about their 'illness' evolved over time. Their reflections were nuanced and critical, and often marked by doubt and ambiguity, displaying an acute awareness of the irreducible epistemological and ontological uncertainty posed both by their 'illness' and the pluralist landscape they were embedded in. As such, they were not simply trying to understand their mental troubles. Rather, they were actively and reflexively negotiating morally viable ways of being in the world with it. Drawing on moral anthropology, critical phenomenology, and enactivist approaches to psychiatry, I argue that making sense of mental troubles and finding one's way in the world are inherently connected and interactive processes. Doubt and ambiguity herein emerge as possible venues for moral agency that can both destabilize and sustain engagements with therapeutic practices, including psychiatry, and one's social environment.